

Meeting WHO Goals for HCV Elimination: **The role of Micro-elimination**

Prof. Jeffrey V. Lazarus [Jeffrey.Lazarus@ISGlobal.org]

Associate Research Professor, ISGlobal, Hospital Clínic Associate Professor, Faculty of Medicine, University of Barcelona Vice-chair, EASL International Liver Foundation







Swiss Hepatitis Symposium 2 Dec 2019



Disclosures

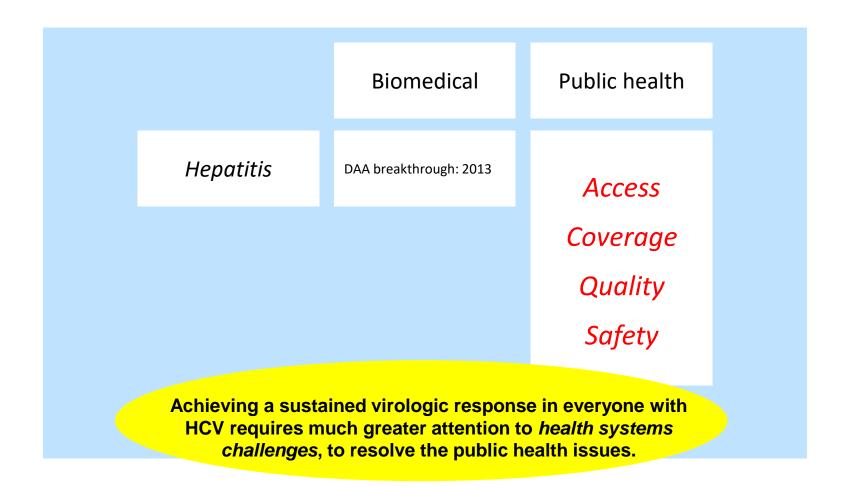
Research grants and speaker fees from AbbVie, Gilead Sciences, MSD. Speaker fees from Abbott, CEPHEID, Janssen and Intercept.

The question in the field of hepatitis C...

Translating good biomedical tools into good health outcomes for people living with hepatitis C –

what will it take?

Meeting two types of challenges to eliminate HCV



	Policy and data				Prevention of transmission			Screening and treatment			
	National plan/ strategy	Reliable national epidemiological data	Estimate of economic burden	Mandatory screening of donated blood	Harm-reduction programmes	Free birth dose vaccination	Third dose vaccine coverage (%)*	screening	HBV treatment on NEML or government subsidised	HCV DAAs on NEML or government subsidised	Free HCV DAAs for national
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Spain			0				•				
UK											

Red circles denote the existence of a policy.

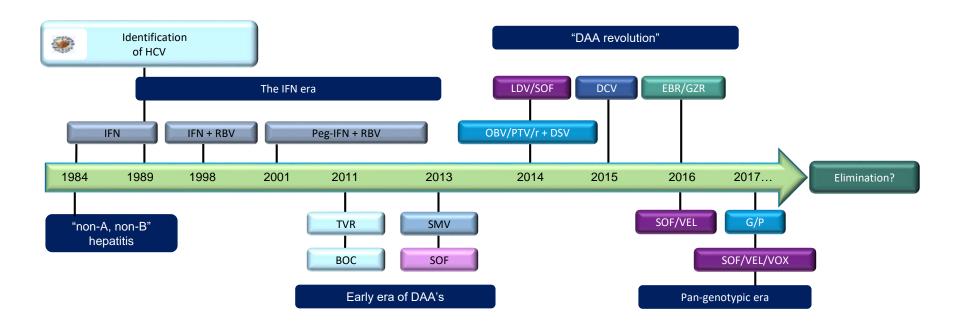
Pink circles denote that a policy is in development, is not well applied, or is in place for specific subpopulations;

White denotes the absence of a policy.

THE LANCET Gastroenterology & Hepatology



HCV treatment timeline





New global political will to eliminate HCV

World Health Assembly resolutions (2010, 2014)

SIXTY-SEVENTH WORLD HEALTH ASSEMBLY

Agenda item 12.3

Hepatitis

The Sixty-seventh World Health Assembly,
Having considered the report on hepatitis;

Reaffirming resolution WHA63.18, adopted in 2010 by the World Health Assembly, which

First World Hepatitis Summit (2015)

recognized viral hepatitis as a global public health problem and the need for governments and populations to take action to prevent, diagnose and treat viral hepatitis, and that called upon WHO to develop and implement a comprehensive global strategy to support these efforts, and expressing

84 countries represented – repeated in 2017



Patient community delivers NOhep (2016)



Hepatitis C Elimination in Europe (2016 + 2018)

'Our vision for a Hepatitis C-free Europe'



















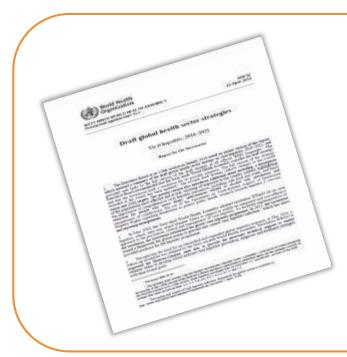
Sources: World Hepatitis Summit 2015 meeting report. Available at: http://www.worldhepatitisalliance.org/sites/default/files/resources/documents/World%20Hepatitis%20Summit%20Report.pdf; Elimination manifesto. Available at: http://www.hcvbrusselssummit.eu/elimination-manifesto (both accessed January 2017)

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WHO Global Health Sector Strategy on Viral Hepatitis 2016–2021





28 May 2016: The first of its kind, WHO publishes a global strategy aiming for elimination of viral hepatitis as a public health threat by 2030



Source: WHO Global Health Sector Strategy on viral hepatitis. Available at: http://apps.who.int/gb/ebwha/pdf_files/WHA69/A69_32-en.pdf?ua=1 (Accessed August 2016)

Global Health Sector Strategy <u>HCV</u> targets at a glance





Incidence targets

- 30% reduction in new HCV infections by 2020
- 80% reduction in new HCV infections by 2030



Mortality targets

- 10% reduction in mortality by 2020
- 65% reduction in mortality by 2030



Harm reduction

- Increase in sterile needle and syringes provided per PWID/year from 20 in 2015 to:
 - **200** by 2020
 - **300** by 2030



Testing targets

90% of people aware of HCV infection by 2030



Treatment targets

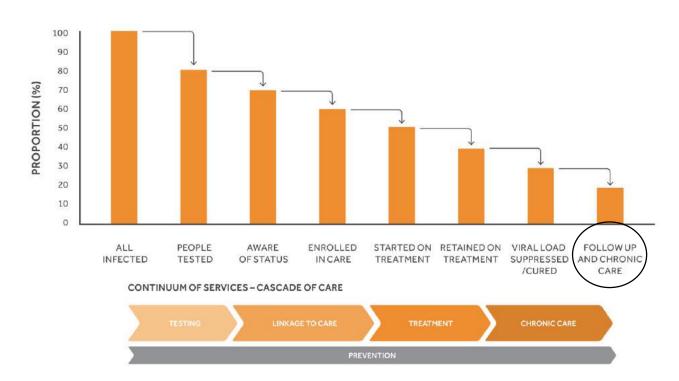
80% of people treated by 2030

Source: WHO GHSS. http://apps.who.int/gb/ebwha/pdf files/WHA69/A69 32-en.pdf?ua=1 (Accessed August 2016).



The continuum of viral hepatitis services and the retention cascade

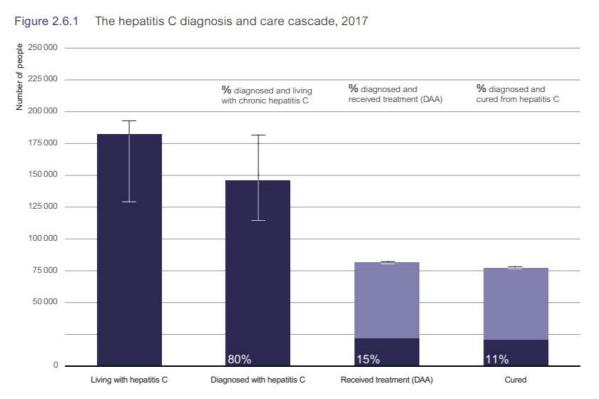
- WHO goal: eliminate HCV as a public health threat by 2030
- The HCV Cascade of Care: a key element of monitoring progress



Source: WHO Global Hepatitis Report, 2017. Available at www.who.int/hepatitis/publications/global-hepatitis-report2017/en/ (accessed May 2017).

Public health problem

Lack of standardisation in HCV CoC monitoring hampers efforts to tack progress toward WHO elimination goals



Source: Kirby Institute. HIV, viral hepatitis and sexually transmissible infections in Australia: annual surveillance report 2018. Sydney: Kirby Institute, UNSW Sydney; 2018.

Outcome: the Consensus HCV CoC

Box 1. Definitions for the Consensus Hepatitis C Cascade of Care for a given year

The 2017 calendar year is used to illustrate these definitions, which can be applied to any 12-month period.

Infected > Number of people estimated to have viremic HCV infection on 1 January 2017.

Diagnosed Number of people who received a diagnosis of viremic HCV infection before or during 2017, were still infected at the beginning of 2017 and were still alive at the end of 2017. This number excludes people whose HCV infection was cured (spontaneously or through treatment) before 2017, but includes those whose HCV infection was cured over the course of 2017. (People who have only had an antibody-based diagnosis are excluded.)

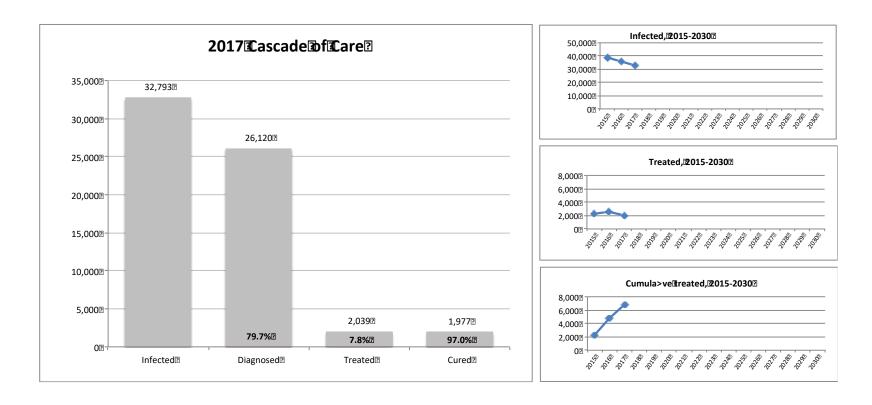
Treated = Number of diagnosed people (as defined above) who initiated HCV treatment at any time during 2017 (all types of treatment, including interferon-based regimens).

Cured = Number of treated people (as defined above) who attained a sustained virologic response (SVR)*, including people who initiated treatment in 2017 and underwent SVR testing within the first six months of 2018.

*SVR is defined according to the latest clinical practice guidelines that are relevant for the country of interest, e.g., guidelines from a national clinical society or from the World Health Organization, the European Association for the Study of the Liver or the American Association for the Study of Liver Diseases.

Source: Safreed-Harmon *et al.* Clin Infect Dis. 2019 Jul 28. pii: ciz714. doi: 10.1093/cid/ciz714. [Epub ahead of print]

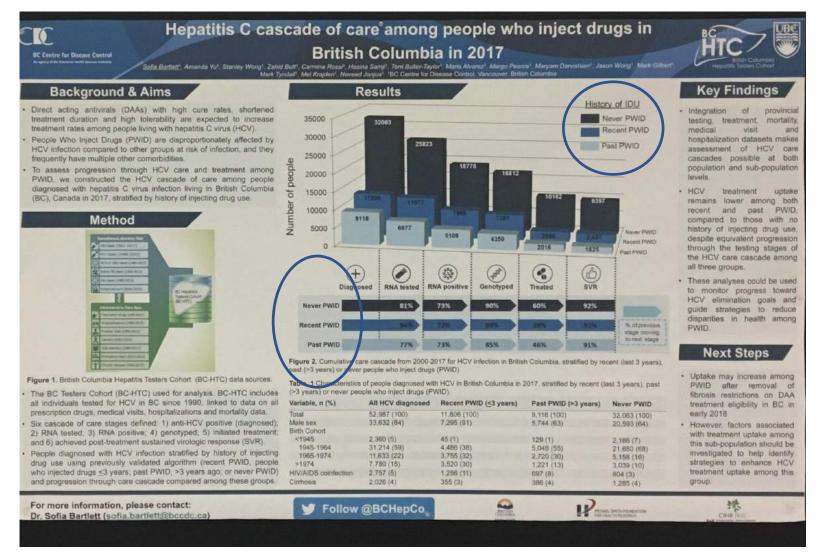
CoC – Sweden



A useful tool for comparison among countries and over time.

Source: Safreed-Harmon *et al.* The Consensus Hepatitis C Cascade of Care: standardized reporting to monitor progress toward elimination. [Abstract] ILC2019.

The continuum of viral hepatitis services and the retention cascade – example from Canada





Barriers: late presentation

Mauss et al. BMC Medicine (2017) 15:92 DOI 10.1186/s12916-017-0856-y

BMC Medicine

CORRESPONDENCE

Open Access

Late presentation of chronic viral hepatitis for medical care: a consensus definition



Stefan Mauss^{1,2}, Stanislas Pol^{2,9}, Maria Buti^{2,3}, Erika Duffell⁴, Charles Gore⁵, Jeffrey V. Lazarus⁶, Hilje Logtenberg-van der Grient⁷, Jens Lundgren⁶, Antons Mozalevskis^{6,8}, Dorthe Raben^{6,1,0*}, Eberhard Schatz^{1,1}, Stefan Wiktor^{1,2}, Jürgen K. Rockstroh^{10,1,3} and on behalf of the European consensus working group on late presentation for Viral Hepatitis Care

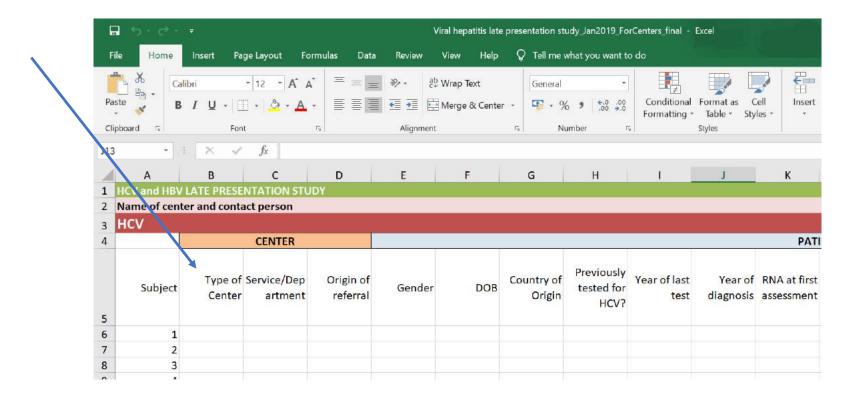
Abstract

Introduction: We present two consensus definitions of advanced and late stage liver disease being used as epidemiological tools. These definitions can be applied to assess the morbidity caused by liver diseases in different health care systems. We focus is on hepatitis B and C virus infections, because effective and well tolerated treatments for both of these infections have greatly improved our ability to successfully treat and prevent advanced and late stage disease, especially if diagnosed early. A consensus definition of late presentation with viral hepatitis is important to create a homogenous, easy-to-use reference for public health authorities in Europe and elsewhere to better assess the clinical situation on a population basis.

Methods: A working group including viral hepatitis experts from the European Association for the Study of the

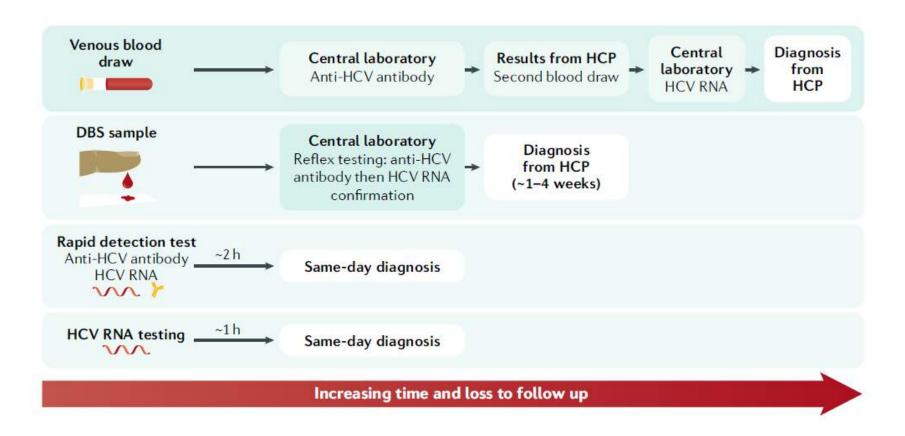
Source: Mauss et al. BMC Med, 2017.

Tracking late presentation



Source: Lazarus JV et al. Too many people with viral hepatitis are diagnosed late – with dire consequences. *Nature Reviews GastroHep*, 2019 In press.

Fewer visits please...

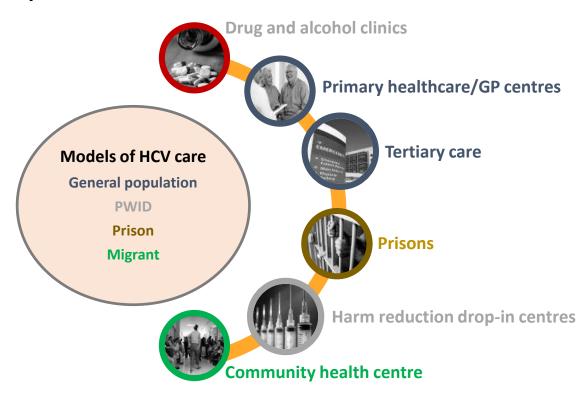


Sources: Lazarus et al. Too many people with viral hepatitis are diagnosed late – with dire consequences. *Nature Rev*, Aug 2019.

Grebely et al. Hepatitis C point-of-care diagnostics: in search of a single visit diagnosis. *Expert Review of Molecular Diagnostics*. 2017;1473-7159.

Different models of HCV care are needed for different HCV subpopulations for testing and treatment

Multiple models essential



Source: Bruggmann P, Litwin AH. *Clin Infect Dis* 2013;57(Suppl 2):S56–61. Lazarus JV et al. We know DAAs work, so now what? Simplifying models of care to enhance the hepatitis C cascade. *J Int Med* 2019 In press.

Models of care – definition

A model of care (MoC) signifies a setting-specific framework that outlines how to provide the relevant services and interventions throughout the HCV cascade of care.

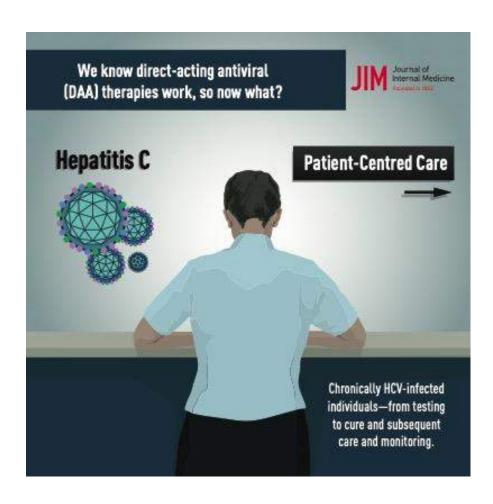
An MoC should address four key questions:

- 1. where to provide the services
- 2. what services to provide
- 3. who to provide them and
- 4. how to integrate them.

Source: Lazarus JV et al. We know DAAs work, so now what? Simplifying models of care to enhance the hepatitis C cascade. *J Int Med* 2019 Nov;286(5):503-525.

What is an ideal MoC for HCV?

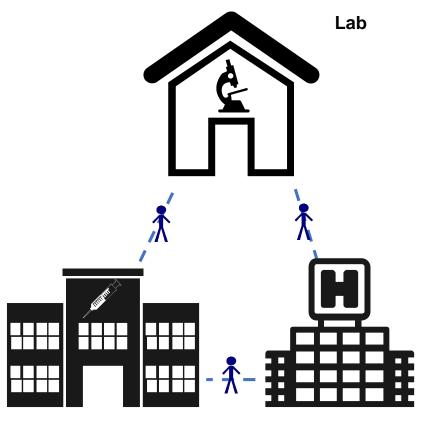
- Much can be learned from examining innovative MoCs, which suggest that an effective MoC for HCV infection should be:
 - Simple
 - Targeted
 - Multidisciplinary
 - Scalable
 - Integrated
 - Patient-centred and affordable.



Source: Lazarus JV et al. We know DAAs work, so now what? Simplifying models of care to enhance the hepatitis C cascade. *J Int Med* 2019 In press.

Case 1. Where Would You Want To Be Tested and Treated?

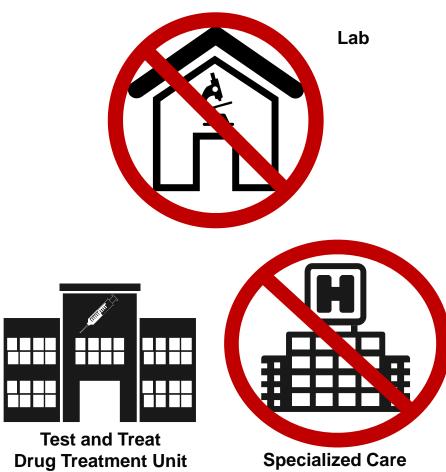
Former Organization: Patient travelled



Drug Treatment Unit

Specialized Care

Future Organization: The sample and meds travel



Source: Shared Addiction Care Copenhagen (SACC) Report 2017. Available at: http://www.chip.dk/Collaborations/SACC (accessed July 2018).

Case 2. T'n'T, Copenhagen Denmark





Source: Lazarus 2019

Case 2. T'n'T in a van, Copenhagen Denmark

- Running from April 2019.
- Peer-led by Brugernes Akademi, Denmark, with on-site nurses.
- Rapid antibody PoC tests and GeneXpert machine in the van.
- Linkage to care at hospital medicine can be delivered to the van.
- Parked behind the main train station in Copenhagen, Denmark's largest open drug scene

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Case 3. Background: HCV testing at pharmacies project

- Running from April 2018-April 2019.
- Based on original model of community pharmacy testing piloted by the London Joint Working Group.
- 8 GeneXpert machines based in the top 8 needle exchange pharmacies in Birmingham and Manchester (not all sites yet active in the two locations).
- Live from mid-July 2018



Source: Ahmed Elsharkawy, Birmingham, UK. Personal communication, Oct 2018.

Case 4: Decentralised testing - Barcelona

Harm reduction center "El Local"



Barcelona

"La Mina" neighbourhood important drug Sant Adrià del Besòs trafficking area in Spain



"FI Local"

2,700 different users in 2017 86,400 inj. drug consumes 182,800 syringes distributed 110,800 syringes returned



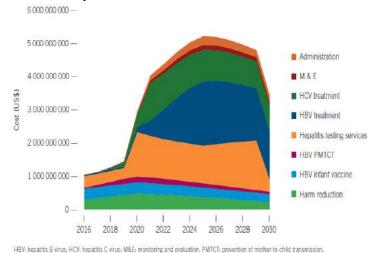
- Distribution of needles, syringes and paraphernalia
- Drug consumption room
- Outreach-street work
- Breakfast/snacks
- Showers and clean clothes
- Screening (HCV, HIV, TB)
- Vaccination (HAV, HBV, tetanus)
- Educational sessions

Source: Courtesy of Elisa Martó, Microbiology Service of Germans Trias Hospital, Spain, April 2019.

Elimination is Daunting for the Health System



Cost of implementing the WHO global health sector strategy on viral hepatitis, 2016–2030



Challenging

Costly

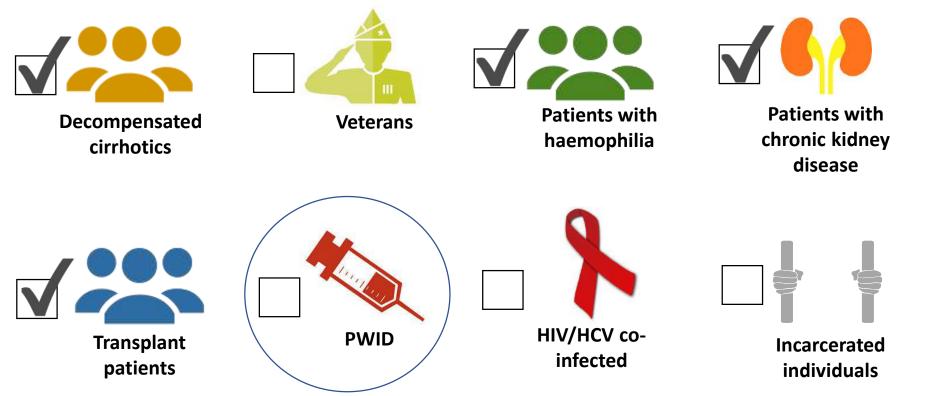


Complex





HCV (micro-) elimination in certain populations is also feasible in the short-to-medium term



Sources: Lazarus JV *et al.* The micro-elimination approach to eliminating hepatitis C: strategic and operational considerations. *Seminars in Liver Disease*, 2018; 38(03): 181-192.

Lazarus JV, Wiktor SZ, Colombo M, Thursz M. Micro-elimination – a path to global elimination of hepatitis C. *Journal of Hepatology*, July 2017.

Micro-elimination approach

Generally speaking, micro-elimination approaches should meet the following criteria, although these criteria may need to be adapted to different epidemiologic situations and geographic settings:

- There is a plan for how to tailor health resources and services to overcome known barriers and achieve high levels of HCV diagnosis and treatment in one or more clearly definable populations of interest within a specified timeframe.
- The plan sets forth achievable annual targets, basing these on mathematical modeling when relevant to determine the levels of diagnosis and treatment required to progress to the plan's ultimate elimination targets.
- The plan is developed and implemented through a multi-stakeholder process, with essential participants including government officials, health service providers, and civil society representatives.
- Progress and outcomes are monitored and publicly reported using indicators selected at the outset of the process.

28 - Dec 2019

The micro-elimination evidence base

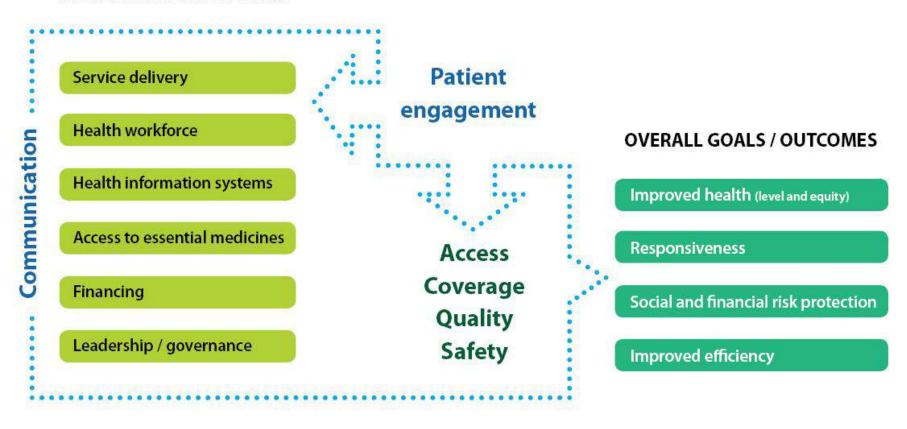
- 1. To what extent do initiatives reported to date follow the criteria proposed for a micro-elimination approach to HCV?
- 2. What evidence exists to support the effectiveness of the microelimination approach?

 7 studies from: Australia, Canada, Iceland, the Netherlands, Spain (n=3) + conf abstracts: Georgia Slovenia + Ireland (haemophilia)

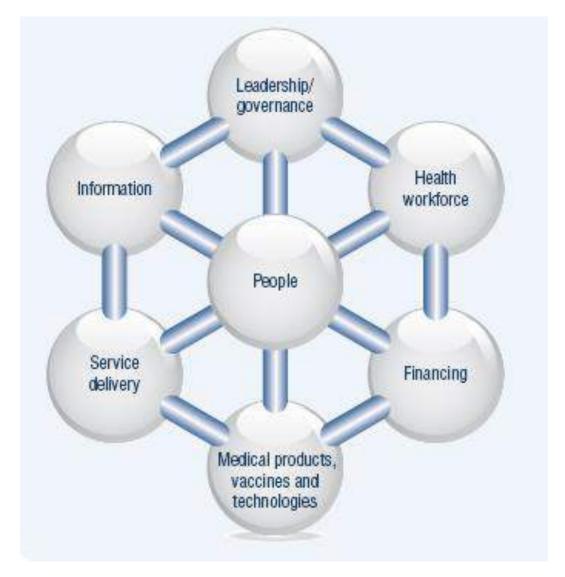
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A paradigm change: The central role of people and communication

SYSTEM BUILDING BLOCKS



People-centred health systems



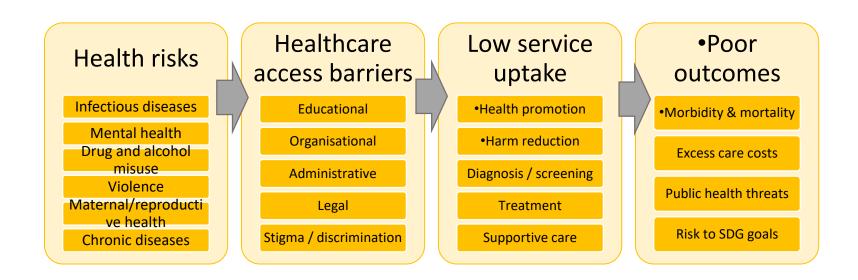
See: WHO. http://www.who.int/servicedeliverysafety/areas/people-centred-care/en/

Healthcare access challenges among marginalized people

Marginalized groups at high risk of vulnerability:

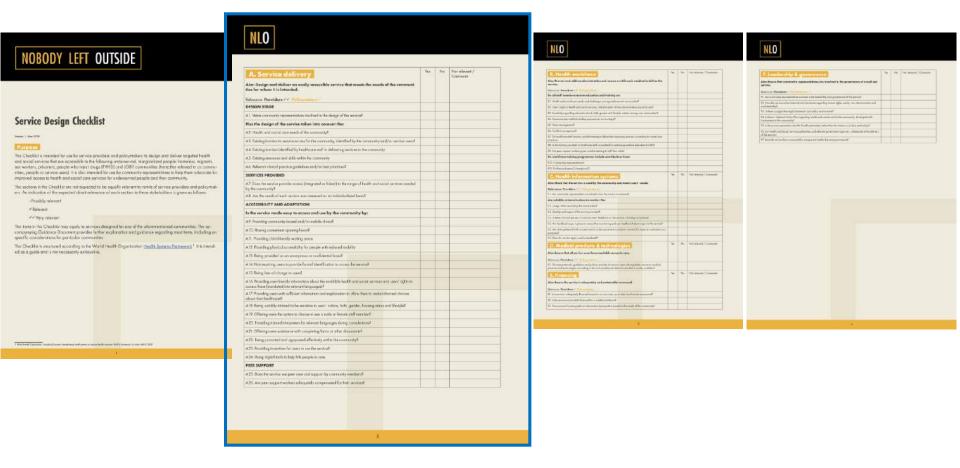
- Homeless
- LGBTI
- People who use drugs

- Prisoners
- Sex workers
- Undocumented migrants



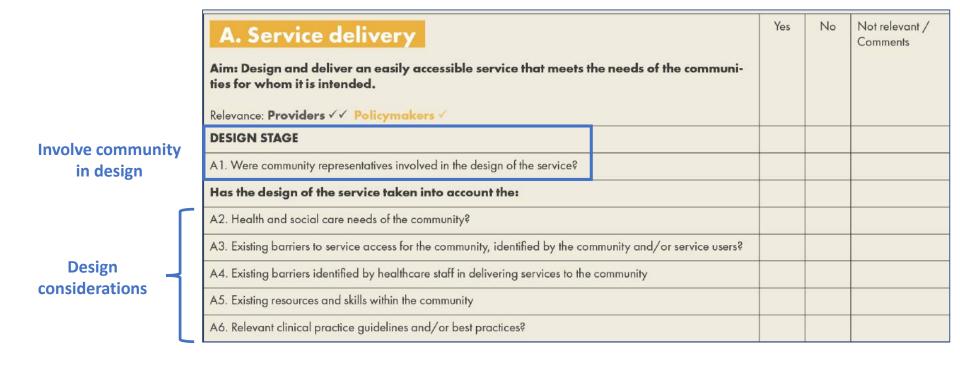
Source: Lazarus *et al.* Nobody Left Outside (NLO) Checklist: Improving access to healthcare for vulnerable and underserved Groups. ICIC 2019 Oral presentation 621.

Service design innovation - NLO Service Design Checklist



Source: Lazarus *et al.* Nobody Left Outside (NLO) Checklist: Improving access to healthcare for vulnerable and underserved Groups. ICIC 2019 Oral presentation 621.

Focusing on service design and delivery



Source: Lazarus *et al.* Nobody Left Outside (NLO) Checklist: Improving access to healthcare for vulnerable and underserved Groups. ICIC 2019 Oral presentation 621.

Putting it all together ...

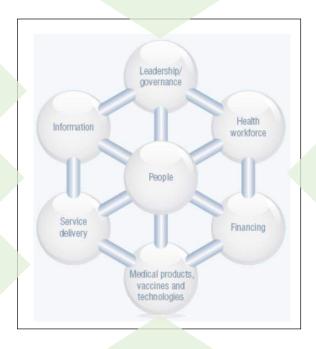
A people-centred health systems approach to HCV elimination with all key stakeholders engaged

Policy leaders

Academia

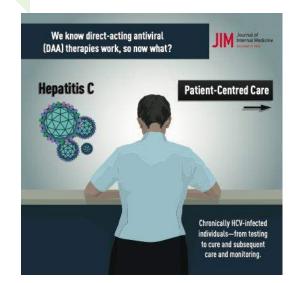
Industry

Other stakeholders



Civil society

Health care providers



12 Countries on Track to Achieve WHO HCV Elimination Targets

HCV Elimination Targets



- On track for WHO elimination targets
- Working towards elimination
- Not on track: elimination unachievable given present policy

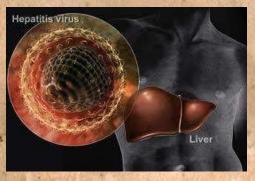
Swiss Hepatitis Symposium

2 Dec 2025

Price CHF 6.50

--BREAKING NEWS--Switzerland has eliminated hepatitis C







Multistakeholder effort and health system and health system reforms leads to HCV reforms leads to HCV elimination.

From **micro-elimination** in 2019 to HCV elimination as a public health threat in 2025

HCV Elimination Strategy

Acknowledgements

All authors of all cited studies, especially Ahmed Elsharkawy, Elisa Martró Català, Lars Peters and authors of the "We know DAAs work, so now what? Simplifying models of care to enhance the hepatitis C cascade" review: Camila Picchio, Juan M Pèricas, Jasna Cernosa, Mishka Hoekstra, Niklas Luhmann, Mojca Maticic, Phillip Read, Emma Robinson, and John Dillon.

And the EASL International Liver Foundation (especially Massimo Colombo, Mark Thursz and Stefan Wiktor) for the work on microelimination, the NLO coalition for the health systems checklist and the Polaris Observatory for the elimination map and global timing data.

Contact: Jeffrey.Lazarus@ISGlobal.org

http://pathtozero.eiu.com/

